

Passion in the Psalms: Part 1—Feeling Abandoned **Psalm 22:1-8**

“My God, My God, why have You forsaken Me?...” - David in Psalm 22:1

*“And about the ninth hour Jesus cried out with a loud voice, saying, ... “My God, My God, why have You forsaken Me?”
- Matthew 27:46*

David and Jesus in this moment are expressing a feeling of _____.

It is not _____ for God’s children to feel abandoned.

Faith is _____ on facts, not feelings.

Facts to Focus on When You Feel Forsaken

1. Even when you are in seasons of difficulty, you still have a _____ with God – v. 1

2. _____ praying and seeking God when you feel forsaken – v. 2

As we pray, we need to _____ our will to His.

3. Remind yourself who God _____ – vs. 3-5

A. God is _____; He won’t do the wrong thing – v. 3

B. God had a _____ – vs. 4-5

4. Remind yourself that you _____ – vs. 6-8

*Psalm 22, a song of suffering, leads into Psalm 23—The Lord is My Shepherd. We know these things
are true because Jesus gave His life for us!*